



Health and Safety Plan

Updated 10/28/2022

In accordance with the Pennsylvania Department of Health (DOH), Center for Disease Control (CDC), the Pennsylvania Department of Human Services (DHS) and the Office of Child Development and Early Learning (OCDEL), Lois Johnson has implemented the following Health and Safety Plan for the wellbeing of all children and staff members of Lois Johnson. There are no strategies that can completely eliminate illness transmission risk within a child care population; the goal is to keep illness transmission as low as possible to safely continue child care activities.

Drop-Off / Pick-Up and Health Screening Procedures:

Health screening based on our well care policy will be implemented for both children and staff prior to admittance each day.

Visitors will be limited and must follow the above guidelines prior to admission. A designated staff member will meet parents at the door and escort the children inside. When leaving for the day, staff will bring the child and all materials to the parent. Per DHS guidelines, parents are allowed access into the building at any time. We are asking that they limit this request to decrease exposure risks for children and staff.

Ideally, the same parent or designated person should drop off and pick up every day. If possible, individuals with serious underlying medical conditions should not pick up children.

In regards to in-person school aged instruction, increased coordination will occur with the local school district regarding transportation and revised hours of operation. We will follow the Bethel Park School district guidelines regarding in-person learning. Schedules may change based on school closures, quarantine requirements, and state guidelines.

Hygiene Practices:

All individuals will follow CDC guidelines and DHS requirements regarding handwashing 100% of the time. Handwashing will occur: immediately upon entering the building, before/during/after preparing food, before eating food, before/after treating a cut/wound, after using the toilet or changing diaper/having diaper changed, after blowing nose/coughing/sneezing, after touching an animal, after handling pet food, after touching garbage, and changing rooms (i.e. one room to another or from coming in from outside).

The following procedure via CDC will be followed when washing hands:

- 1) Wet hands with clean, running water (warm or cold) and apply soap.
- 2) Lather hands by rubbing them together with the soap. Lather the backs of hands, between fingers and under nails.
- 3) Scrub hands for at least 20 seconds. This is equivalent to singing the "Happy Birthday" song from beginning to end twice.
- 4) Rinse hands well under clean, running water.
5. Dry hands using a disposable paper towel. Use paper towel to turn off tap.

Signs promoting everyday hygiene and protective measures to prevent the spread of germs are placed in strategic locations for all staff and children to see at each of our locations per DHS guidelines.

Face Mask/Face Shield Policy:

OCDEL no longer mandates the use of face masks, indoors or outdoors, at childcare facilities. It is up to the parent's and staff member's discretion if an individual will wear a face mask. If you would like your child to continue to wear one while in our care, please discuss with your child's center director.



Food:

At the early learning centers, lunches will be served pre-plated rather than family style. Parents who wish to send in food for their child may do so. School aged children who eat lunch while in Lois Johnson’s care will pack lunches and all needed utensils— Styrofoam is not permitted. Opened food will be discarded at the end of the day.

Parents who wish to provide specific drinking cups for their child must leave labeled item(s) at the Bethel Park and South Park centers to be properly washed and sanitized. School aged children should bring a water bottle labeled with the child’s name and taken home daily to be properly washed and sanitized. Drinking fountains will be discontinued for the time being; cups of water will be provided throughout the day and at children’s’ requests. If a facility has a fountain with a water bottle dispenser, staff/children may use.

Social Distancing and Other Safety Protocols:

During nap time, all children will maintain a minimum distance of at least 2 feet. Children will nap “head to toe” rather than “head to head” to help increase distance.

Outdoor play and activities will be encouraged when weather permits.

Cleaning, Sanitizing, and Disinfecting Procedures:

There will be a designated staff member to clean each day. The staff has been trained on cleaning, sanitizing, disinfecting, and ventilation protocols per CDC guidelines and the MSDS log by the director(s) on site. This person is responsible for cleaning and sanitizing/disinfecting all occupied areas. Every soiled toy must be cleaned and sanitized/disinfected before another child may touch it. All items touched will be washed/cleaned, sanitized and/or disinfected daily. Toys that cannot be cleaned and sanitized/disinfected will not be used.

The centers will be cleaned, sanitized, and disinfected by a professional service weekly.

Lois Johnson will provide all bedding for napping children and will launder daily. Parents will refrain from providing items for napping until further notified. All nap mats will be disinfected after each use.

Illness Procedures:

If a child becomes ill/develops a fever while in our care:

- Well Care Policy will be strictly enforced and parent notified. Please see the Well Care Policy attached.
- A parent or designated person must pick up their child within 60 minutes.
- The child will be separated from their group until parent arrives. A staff member will stay with the child until picked up.
- Cleaning, sanitizing and disinfecting procedures will take place immediately.
- Your child may return to care with a letter from their physician stating they are not contagious and able to return to childcare or when all symptoms have resolved.

All staff must also follow the Well Care Policy. Staff members are to notify their immediate supervisor as soon as symptoms present. Staff will immediately be sent home if illness develops while at work.

Siblings of an ill child or household member may not return to care until the ill child is cleared to return.



COVID-19 Procedures:

Neither staff nor children are allowed to enter if they have tested positive for or are showing symptoms of COVID-19. Isolation is implemented for 5 days, with return to care on Day 6 if fever-free for 24 hours without medication. Masks must be worn until Day 10. If masks cannot be safely worn, isolation continues until Day 10 with return on Day 11.

If you are symptomatic, Day 0 is considered the day your symptoms began. If asymptomatic, Day 0 is the day you tested positive.

If you have had a known exposure, mask usage is required for 10 days from the date of exposure. Testing is to be completed on day 6 post exposure. If negative, continue mask wearing until day 11. If positive, follow above directions. **Exposure is defined as being within 6 feet of the individual who tests positive for COVID-19 for a period of 15 minutes or more over a 24 hour period. It also means coming into direct contact with droplets from a COVID-19 positive individual.**

Should a staff member or child attending care test positive for COVID-19, parents of enrolled children, DOH, and DHS will be notified. All individuals who have had potential exposure with said individual must wear a mask for a period of 10 days and receive a negative COVID test as early as Day 6 post exposure.

You should also isolate **if you are sick and suspect that you have COVID-19 but do not yet have [test](#) results**. If your results are positive, follow the full isolation recommendations below. If your results are negative, you can end your isolation.

We follow OCDEL, Allegheny Dept. of Health, PA Dept. of Health, and the CDC's information regarding exposure, positive results, quarantine, and return to care guidelines.

Please review the following:

[Isolation and Precautions for People with COVID-19 | CDC](#)

[What to Do If You Were Exposed to COVID-19 | CDC](#)

[How to Protect Yourself and Others | CDC](#)

[Travel | CDC](#)



COVID 19- WELL CARE POLICY

Effective 10/28/2022

Due to the current pandemic situation, Lois Johnson has adopted new procedures for daily admission to the childcare setting. We will screen your child at the door. This COVID-19 Well Care Policy should be reviewed each morning, prior to arrival. Entry will be denied if your child presents the following:

- Your child has had a/an:
 - Axillary (armpit) or temporal temperature of 99.4 degrees in the last 24 hours.
 - Oral temperature of 100.4 degrees in the last 24 hours.
 - Ear or rectal temperature of 101.4 degrees in the last 24 hours.
 - The child must remain fever free without medication for 24 hours prior to return to care.
- A COVID-LIKE ILLNESS IS DEFINED AS:
 - At least **ONE** of these symptoms: new or persistent cough, shortness of breath, new loss of sense of smell, new loss of sense of taste
 - At least **TWO** of these symptoms: fever, chills, muscle pain, headache, sore throat, nausea/vomiting, diarrhea, fatigue, congestion, runny nose
- Vomiting:
 - Within the last 24 hours prior to arrival
- Uncontrollable diarrhea:
 - Within the last 24 hours prior to arrival
 - You will be called if your child has an episode while in care
- Untreated pink eye.
- Undiagnosed rash.
- Unable to participate in group activities.
- Communicable disease.

Once your child has been approved for care at entry, they must wash their hands following the CDC guidelines.

Should your child become ill at Lois Johnson, we will call you to pick him/her up within 60 minutes of the phone call. Your child will be separated from the other children in care. If you cannot come within the hour, you are expected to have another person identified on your emergency contact form, pick up your child by that time. If we do not hear from you or your child isn't picked up within that time, we will call the person indicated on your emergency contact form to come pick up your child. Siblings must remain out of childcare as well until ill child is cleared to return.

Your child may return to care after 24 hours fever free without medication, after receiving a negative COVID test and 24 hours fever free without medication, or with a letter from their physician stating they are not contagious and able to return to child care. Please refer to CDC guidelines for return to care options.

If you have a question regarding your child's health and if he/she should come to care, please call the center prior to arrival at Lois Johnson.